BOTTLED BEER

Shanti Lager (Eco), 4,6 % Svaneke bryggeri, Bornholm, Denmark Shanti's own ecological pilsner from the microbrewery Svaneke bryggeri. Shanti lager is a light pilsner with a scent & taste of grain, malt, & grass. With nice aftertaste of honey. 50 cl 85:-

Shanti IPA - 5,5%, Microbryggeri i Stockholm 33 c. Anglo American Style

33 cl 80:-

San Miguel - gluten free, 5,4%. Spain.

Cobra - light Indian beer

33 cl 70:-66cl 95:-

Cobra – light Indian beer

33cl 75:-

Kingfisher – light Indian beer

66cl 95:-

Bangla - light Indian beer. Full-flavored

66cl 95:-

Bryggmästarens Eco Mediumbeer. Åbro 4,2%

33cl 60:-

Low - alcohol beer. 2,2%

COCKTAILS ACL 120:

Ganga Padma - vodka, ginger, mint Sprite

Shanti Shanti - gin, vodka Kurant, mango juice, lime

Oh my God! - vodka, fresh coriander, Tabasco, Sprite, lime

Gin & tonic

Summer Feeling - mango lassi with vodka, mint leaves

Irish Coffee

Hot Shot - Galliano, coffee and cream 80:

Wiskey

Blend 25:- cl Single malt 30:- cl Spirits 25:- cl

If you have any allergies, please contact your waiter for more information!





LASSI

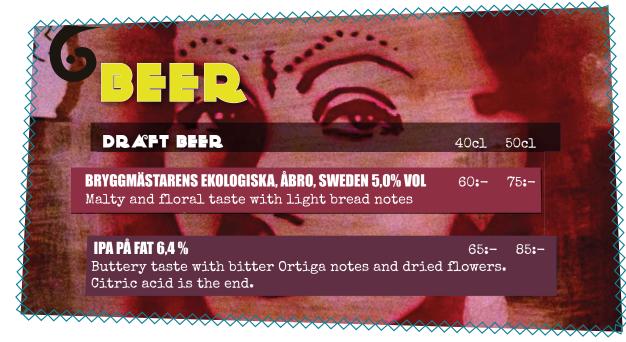
Mango lasso - mango, yoghurt (V)

40:-



NON-ALCOHOLIC

Soda: Coke Diet coke Fanta Sprite Mineral water	33cl	30:-
Minute Maid - orange juice	20 c l	35:-
Low Alcohol Beer - 2,2%	33cl	37:-
Ginger Beer, Australia - 0,0% Alcohol Free	33cl	70:-
Warsteiner - 0,0% Germany	33cl	60:-
CIDER		
Strongbow, England - 5,3 %	27,5cl	55:-
Rekorderlig Päron, Sweden - 4,5%	33cl	60:-



V = LACTO-OVO VEGETARIAN

CHICKEN PAKORA

Crispy fried chicken pieces, chilli & coriander.

POTATO PAKORA

Deep fried crushed potatoes with coriander. (VG/V)

MIXED VEG PAKORA

Deep fried paneer & mixed vegetables. (VG/V)

VEGETABLE SAMOSA

Deep fried pastry filled with mixed vegetables. (VG)

DALL POOR! WITH CHANA DALL

Small, deep fried bread filled with lentils.
(VG/V)

VG = VEGAN

DIATO

Fried lentil balls (red lentils, onion, green chilli, mint and coriander).

NAWABI KOFTA

Vegetarian balls made from fresh vegetables, coriander & chili. (VG/V)

DALAK DANFED DAKODA

Deep fried spinach & cheese balls.

FIRE CHICKEN PAKORA

Deep fried crushed potato and chicken.

TUCCHINI PAKORA

Zucchini, garlic, ginger, coriander, egg & breadcrumbs.



Papadam - 35:-

crispy lentil bread

T FOOD 150:-

Bengali street snacks! Served with raita & chutney.

RED LENTIL SOUP

With nan & samosa. (VG/V)

VELPOORI WITH POORI

Fresh coconut, chickpeas, garlic, ginger, potatoes, lemon juice beside with poori. (V)

CHATPOTI WITH FUCKA

Semolina chips filled with different kind of lentils with potatoes and chickpeas.

(V)

HALIM WITH NAAN

Several kinds of lentils and a mix of lamb filled and some lamb bone to give extra flavour.

MASALA PARATA ROLL

Fried vegetables & mashed spicy potatoes in a parata roll.
(V)

MASALA NAAN KOFTA ROLE

Fish or palak paneer kofta, mushrooms, fresh coriander, chilli, raita & chutney.
Filled in nan.

ROTI KEBAB WITH GRILLED

LAMB/CHICKEN Two breads filled with chopped meat, peppers, mushrooms, fresh mint, coriander and onions. Served with raita and chutney.

MASALA NAAN ROLE

Lamb or chicken, fried onion, peppers, mushrooms, fresh coriander, chilli, raita & chutney.
Filled in nan.



If you have any allergies, please contact your waiter for more information!

SHANTIS VEGAN

SABJI PANIR 190kr

Seasons / veggies with tofu.

VEGAN PALAK PANIR 190kr

Spinach & tofu in Shanti's curry sauce.

VEGO KARAI

Seasons vegetables and tofu, chili, coriander & curry sauce.

VEGO SIZLAR 200 kr

Fried vegetables, tofu, coriander & curry sauce beside.

VEGAN TIKKA MASALA VG 185 kr

Tofu, tomato, butter and cashewsauce.

CHEFS NATHID'S CHOICE New!

These dishes are made with lentil broth as a base.

We make it our traditional way, so enjoy the Bengali style)

• PAPA DALL 190 kr

Green papaya, lentils, chili & coriander.

• MURAG DALL New!

Chicken, chana dall (yellow lentils), chili & coriander.

• LAMB ALO BENGALI (URRY 250 kr

Lamb, potato, garlic, chili, coriander, Garam Masala, curry sauce and 2 Romali Rotis.

• MASER FRY New!

Fried salmon, Bengali spicy crushed poatoes & chana dall (yellow lentils). Three small dishes on the same plate.

New!

DALL PANEER

(V)

190:-

Lentils, cheese, garlic, ginger, tomatoes and coriander.

(HANA DALL (VG/V)

Yellow lentils with red chili, garlic, ginger, coriander and cumin. Served with pilao rice and fried egg.

AUBERGINE AND SUGAR PEAS (URRY... (V)

with green chili, lemongrass, garlic, lime leaves, coconut milk and honey.

7U((HINI FILLED WITH PANEER (V)

Fried zucchini filled with chopped zucchini, paneer, chili, coriander and coconut milk.

KUMRO PALAK PANFFR (V) 185:-

Pumpkin, spinach and paneer with garlic, ginger, tomato, coriander and cumin. Served with rice.

NAWABI KOFTA VEGGIE (URRY (V)

Vegetable balls with onion, coriander and fresh mint. Comes with a delicious, spicy curry and tomato sauce.

MONSOON RAIN SABJI (VG/V) 185:-

Typical bengali dish for rainy monsoon days. Seasonal veggies: papaya, pumpkin, potatoes, squash, lentils and sugar snaps. Served with fried egg and pilao rice.

PALAK PANEER (V) 190:-

One of Shanti's most popular dishes served in Bengali style with pilao rice on the side.

CHEESE BUTTER MASALA (V) 185:-

Chunks of paneer cheese in a creamy tomato based tikka sauce with cashewand pistachio nuts and some ghee for a nice buttery flavour. Seved with rice.

New! ALUKOPIR DAINA

Curry stew with potatoes, cauliflower, ghee, ginger, garlic, chilli & coriander.

MOTOR PANEER KORMA 195 kr

New! Tandoori grilled pieces of paneer in genuine Bengali cashew sauce with cumin, coriander, garlic, ginger & peas.

PANEER MUSHROOM MASALA 195 kr

Cheese and cashew in a coconut creamy sauce.

New! VEGETARIAN GRILL

Tandoori-grilled dishes served with tikka sauce (contains nuts) on a bed of fried vegetables.

Choose one of these:

* Palak paneer kofta (lakto - ovo vegetarian)

* Nawabi kofta (vegetarian)

* Paneer tikka sizlar (lakto - ovo vegetarian)

New! CHICKPEAS AND SPINACH CURRY (VG)

Chickpeas, curry, chili and coriander.

₩ e use 5% lamb bone ç enhase the taste

185 kr

240:-

FISH

CHICKEN & MIX

Tandoori grilled shrimps and fresh pineapple served with tikka sauce and pilao rice on the side.

SHRIMP AND MANGO (URRY... 240:-

with grated coconut, coconut milk, carrot and garlic.

SALMON (URRY WITH MANGO 240:-

Finally a fish dish to indulge you in our Bengali culture. Salmon and mango in a curry with ginger, coconut, garlic, coriander and lime.

SALMON BENGALI (URRY 240:-

Salmon, ginger, garlic, potato, sugar peas, coriander and chili.

FISH SIZLAR 240:-

Grilled salmon and shrimps. Served with fried vegetables and sauce on the side.

SHRIMP SPINACH 240 kr

Fried leaf spinach, onion, garlic, ginger, coriander, tomato, hand-peeled prawns and crème fraiche.

GRILL (HICKEN FILLET ... 210:-GRILLED (HEESE... (V) 210:-

with fried vegetables, pilao, raita and chutney.

PUMPKINS BENGALI (URRY CHICKEN / LAMB / SHRIMP 210:- / 240:- / 240:- Pumpkins, garlic, ginger, black pepper, chili and coriander in currysauce.

7A'HL FRAITI / 210:- / 230:- / 230:-

Chicken/lamb/shrimp, - tomatoes, pepper, chili, coriander and garam masala.

GREEN (HICKEN GRILL 210:-Marinated with mint, coriander, chili.

BENGALI (HICKEN TIKKA MASALA 210:-

Chicken fillet, tomato, cashew nuts, coconut milk and cilantro.

CHICKEN GREENY 210:-

Chicken stew in a sauce of spinach, peas, coriander, mint, cashew nuts and broccoli.

(HILI (HI(KEN KORMA"... 210:-

with chunks of chicken fillet in a korma sauce with green chili and coriander.

COMBI DISH 240:-

Tandoori grilled chunks fo chicken, lamb and shrimps.

New! MALAI (HICKEN BIRYA'NI 210:-

Fried rice, chilichicken grill, garam masala, garlic, ginger, cashew and rosewater. (Traditional Nowabi Food)

TANDOORI (HICKEN A LA NAHID 199:-

Tandoori marinated minced chicken fillet on skewers, rice, raita, and fresh ginger.

New! MIX BALTI 240 1

Mix of garlic-marinated chicken fillet, lamb fillet, prawns, paprika, mushrooms in curry & tomato sauce.

New! MIX TIKKA MASALA 240 kr

Chicken, lamb & prawns in tikka sauce.



LAMB DALL

230:-Lamb, lentils, ginger, garlic, chili and coriander.



LAMB BIRYANI

Bengali party risotto (there is no wedding wihout biryani). Yummy mix of lamb roast fillet, onion, ginger, garlic cloves, cardamon, cinnamon, lime and saffron. The bone gives extra flavour.

BENGALI MEATBALLS 270:-

Minced lamb roast fillet, coriander, mintleaves, chili, potatoes, mugdal, cashew and pilao rice.

LAMB PASANDA 230:-

"Pasanda" means favorite and was one of the most popular dishes at the royal courts during the Mogul kingdom. In the pasanda, roasted lamb roast fillets are cooked in a mild yogurt stew with the taste of cinnamon, cardamom, cashew nuts and pistachios. Served with pilau rice.



240:-

Lamb roast fillet with fried spinach, mushroom and tomato. Pilao rice.

LAMB TIKKA MASALA

Grilled lamb roast fillet in tomato and cashew sauce.

KHICHURY WITH LAMB BHUNA 230:-

Fried lentil rice and lamb with tomatoes, onion, cumin and coriander. Very typical monsoon and winter meal in Banladesh. There are little stands that sell only khichury.

MARKUS AUJALAY'S INDI KORAI • ARETS KOCK 2004 & TV CHEF

Lamb roast fillet, peppers, mushrooms, chili flakes and mint in a spicy korai casserole served with pilao rice on the side.

New!

LAMB AUBERGINE DOPIAS

Lamb, aubergine, pepper, chili, tomato and coriander.

DHAKA LAMM KARAI 230 kr

Stuffed peppers with grilled pieces of lamb fillet, peppers, aubergine, mushrooms & Karais sauce topped with fried onions and served with pilau.

NIHARI 230 kr

Traditional dish that already existed during the great Mughal Empire in northern India, Pakistan and Bangladesh. The lamb is cooked for over six hours with spicy Bengali spices and served with naan.

CHITTAGONG KALA BHUNA 230 kr

Our lamb stew with roast potatoes is a well-known dish from the Bengali port city of Cox's bazaar. It is flavored with black mustard seeds «Kala Bhuna», a spice common in Bangladesh, but rarely used in European cooking. Served with pilau.

VINDA'LOO (HICKEN OR LAMB 210:- / 230:-

From Goa since 1797. This is the most spicy dish. Served with pilaou.

PALAK (HICKEN / LAMB / SHRIMPS 210:- / 230:- / 230:-

Creamy curry with spinach, tomato, cumin and coriander with grilled shrimps or chunks of chicken- or lamb roast fillets.

(HILDREN

Chicken tikka masala, chicken korma or malai chicken sizzlers. Tandoori chicken grill. Not for cashew allergies.

Mix Thali - Chicken tikka, lamb korai, salmon grill

220:-

Veg Thali - Veg korma, chana dall, paneer grill

220:-



NACAN Plain naan (V) 35:-

Garlic naan (V) 45:-

Cheese naan - 45:-whith green chili (V)

Peshawari naan - with 45:- honey, almondsraisins and coconut (V)

Masala naan - covered with 45:- sesame seeds and roman coriander (V)

Coriander naan (V) 45:-

PARATA (V)
Bread fried in ghee.

VEGAN RUMALI ROTI
Thin healthy bread.

45:-



COFFEE & TEA 30:-

Coffee

Lemon tea

Fresh mint tea

Chai (warm milk to mix yourself) - ginger, lemon, cinnamon, masala chai

Real Bengali chai with milk cardamon, cinnamon 35-

Cappucino 35-

Double espresso 35:

Only at Gossip Vasastan

DESSERTS 85:

KULFI

Homemade ice cream with raisins, coconut, pistacios and saffron.

(HO(OLATE (AKE

With kulfi.

COCNUT ICE CREAM

Icecream with coconut and grated sugared coconut.

GINGER LEMON SORBET ICE (REAM 2 BALLS (VG)